



## **Reimagining Neighbourhood Based Care and Wellbeing**

### **Coproduction Communities of Practice**

Lambeth Together in partnership with the Ideas Alliance would like to warmly invite you to join our coproduction Communities of Practice (CoP).

*Coproduction is 'A way of working that involves people who use health and care services, carers and community in equal partnerships; and which engages groups of people at the earliest stages of service design, development and evaluation'.*

#### **We need you!**

This is an exciting opportunity for statutory and voluntary sector workers and local people interested in learning new skills to be involved in helping shape the model of service design and development for neighbourhood care and health and wellbeing initiatives.

We are looking for a wide-range of people from all different backgrounds in Lambeth eg local schools, housing providers, local businesses, health and social care providers, voluntary and community sector organisations and local residents to form Communities of Practice, coming together to shape the future direction of health and wellbeing in the borough.

#### **What are communities of practice?**

Communities of Practice are forums for local people and organisations across the health, community, voluntary and social care sector to come together to develop close, trusting relationships that enable collaboration and co-design.

CoP are designed to deepen participants' understanding of coproduction, strength based working and collaboration and to test out the approach over three facilitated workshops.

#### **Why Communities of Practice?**

Communities of Practice will develop coproduction champions who will work both within their organisations and across the system to inform and support the development of health and wellbeing in neighbourhoods and to embed a culture of coproduction.

We also ask for your ongoing engagement in coproduction and codesign in the new year as we work towards refining approaches into:

- Health and wellbeing in neighbourhoods
- Connecting people to local assets
- Care coordination
- Connecting with local groups and voluntary organisations
- Supporting services to work better together at a local neighbourhood level.

## What does it involve?

- Each CoP will be initially involve three half day sessions. Beginning in December 2018, followed by sessions in January 2019 and February 2019.
- A final session in March 2019 bringing together all three of the CoP's to share and learn from each other, set the direction of future collaboration and agree next steps in the development of neighbourhood based care and wellbeing delivery models.
- We ask professionals to seek agreement from their organisation / employer to make themselves available.
- Coproduction champions will be asked to continue to use their skills to drive local codesign initiatives that will improve and develop the delivery for neighbourhood based care, specifically primary care health offers and the development of broader health and wellbeing initiatives that will utilise community resources to prevent illness and improve the health of Lambeth neighbourhoods.
- All participants will receive a certificate for their Continuing Professional Development.

All sessions are provided free of charge to participants.

We also ask you to commit to attending all the three half-day sessions and the final session in March 2019.

## When are the Sessions?

There will be three CoP's in Lambeth (North, South-East and South-West).The sessions will take place on the following dates:

### South West:

Tuesday 18th December 10am - 12.30pm

Wednesday 16th January 2pm - 4.30pm

Monday 11th February 4.30pm - 7pm



South East:

Tuesday 18th December 2pm - 4.30pm

Wednesday 16th January 10am - 12.30pm

Monday 25th February 4.30pm - 7pm

North:

Friday 11th January 9.30am - 12pm

Monday 28th Jan 2pm - 4.30pm

Tuesday 19th Feb 10am - 12.30pm

## **How do you get involved?**

Introduce yourself... Places are limited so if you are interested in joining one of the CoP's please get in touch, we would love to meet you.

Send us a few lines telling us:

- who you are
- which CoP are you interested in joining
- why you are interested in being part of the CoP
- what you have to offer your local neighbourhood

This can be provided in any electronic format, eg video, voice recording or email. Please also advise if you require any special requirements (such as dietary, access etc.)

Please send your expression of interest or any questions to the Lambeth Together Project Team care of: Meaghan Morris [meaghan.morris@nhs.net](mailto:meaghan.morris@nhs.net) by November 30<sup>th</sup> 2018.

We look forward to hearing from you.