

WELCOME to the latest bi-monthly edition of LPPGNews.

- * **Changes to GP Access Hubs**
- * **May Network meeting update**
- * **NHS is 70**



The Lambeth **GP ACCESS Hub** service will now be delivered from three sites not four. There is no longer a service available at the Herne Hill Group

Practice. The GP Access Hub service is available at the following:

South Lambeth Road, (Vauxhall Hub), 1 Selway House, 272 South Lambeth Road, London, SW8 1UL

Monday to Friday 11:40am-8pm

Saturday 10am-6pm

Streatham High Practice, (Gracefield Gardens Hub), 2-8 Gracefield Gardens, Streatham, London SW16 2ST

Monday to Friday 11:40am-8pm

Saturday 8am-8pm

Sunday 8am-8pm

Vassall Road Medical Centre, (Oval Hub), 89 Vassall Road, Brixton SW9 6NA

Monday to Friday 2pm-6pm

The Hubs have been set up within surgeries across Lambeth to give patients better access to primary care services. The hubs are open in the evening and weekends which means it's easier for patients to get an appointment at a time that suits them. If there are no available appointments at a patient's usual surgery, they will be referred to one of the hubs.

Patients will be able to see a GP/Nurse/Pharmacist at a Hub appointment, who will have access to their medical records to continue their care (with the patient's consent). Details of the patient consultation will be immediately available to their registered GP.



Community-based ultrasound service under threat

Women in Lambeth who need an ultrasound scan for non-urgent gynaecological symptoms can currently have their scan at hospital or in one of two community-based clinics in the Clapham and Streatham areas.

The contract for the community-based service finishes in September 2018. NHS Lambeth Clinical Commissioning Group is considering decommissioning a community-based service from October 2018, following an unsuccessful process to secure a suitable provider.

See the attached information sheets for further details.



Lambeth
Patient
Participation
Group
Network

May Network meeting update

PPG members were joined by Verena Hewat, Community Outreach and Training Officer, of Compassion in Dying, to talk about Advance Care Planning.

Compassion in Dying (CiD) is a national charity providing support, guidance and advice to help people to plan for the end of life - how to talk about it, plan for it and record their wishes.

What is Advanced Care Planning?

Advanced Care Planning is about making informed decisions about your future treatment and care needs, setting out what matters most to you and recording it so family, friends and healthcare professionals know and can follow your wishes.

CiD has developed a range of resources, visual aids and guidance to help people understand the available options, along with templates which can be used to record their wishes. They also offer a free telephone advice line (**0800 999 2434, 10am – 4pm, Monday to Friday**).

For more information visit the Compassion in Dying website:

www.compassionindying.org.uk.

Meeting attendees participated in a question and answer session and an informal networking and sharing session. The notes of the meeting can be found on the Network website (<https://lppgn.org.uk/get-involved/>).



Patient Participation Group

PPG Awareness Week (4 – 9 June)

Lambeth PPG's delivered a range of awareness raising and celebratory events during PPG Awareness Week, including:

- Valley Road held a health information drop-in with guests Compassion in Dying.
- Brixton Hill used the week to re-launch their PPG with a “meet and greet” session
- Vassal Medical Centre, held an AGM where patients found out what the PPG had been doing during the year.
- Corner Surgery held an open meeting on mental wellbeing with South London and Maudsley NHS Foundation Trust (SLaM) and Lambeth Expert Patient Programme (LEIPS)



Network Treasurer

The Network's Board is pleased to welcome new trustee Patricia Ross. Patricia, who will be our Treasurer, brings experience of working with voluntary organisations and her local Unison branch. Her understanding of managing an organisation's finances will provide guidance to the network and enhance the work of the Board.



Network Board Awayday

Members of the board and sub groups met in May to review, prioritise and plan for the future. They reviewed our structure and discussed ways of getting more PPG members involved in developing the Network. It was agreed that “working groups” will be established to focus on specific pieces of work and projects to support the Network's growth and sustainability. These working groups will have time limited tasks, meaning those involved will not be expected to make a long-term commitment to being part of the group.

Details of the working groups and tasks will be circulated shortly, so watch this space.



General Data Protection Regulation (GDPR) - what does it really mean?

Over the past few months you have probably been bombarded by emails and messages from organisations, groups and companies sending you updated privacy policies and asking you to re-consent to allow them to remain in contact with you.

For many, it might have seemed a little annoying, but in reality it is really important.

What is GDPR?

GDPR is Europe's new framework for data protection laws and replaces the 1995 data protection directive. It was designed to update the laws that protect the individual's personal information; giving people greater protection, rights and control over their information.

Giving your consent gives you control and choice over who has your information; who can contact you and what information you are happy to receive from them. You can unsubscribe or opt out at any time, after consent has been given.

Each organisation will need to show they are compliant with the new guidelines

What does it mean for PPGs?

Some PPGs have had conversations with their practices on what GDPR means in terms of the practice/patient relationship. Some members have asked what it means for them as individuals and as PPG members. The Network, in partnership with NHS Lambeth Clinical Commissioning Group Information Governance team will be holding an information session on GDPR on 5th July aimed at PPGs. We hope this session will answer these questions and more.



Keeping in touch

If you have members in your PPG who would like to hear about our work with patient groups, come to meetings, events and training opportunities and receive health related news including getting our LPPGNews newsletter, they can email: optin@lppgn.org.uk where they can give their permission for us to contact them, or call us on 020 7326 1586.



Network meeting dates

Our network-wide meetings are 6pm – 8pm on the 3rd Wednesday, every other month. The next meeting is on:

Wednesday, 18 July, 6pm – 8pm at 336 Brixton Road, SW9 7AA.

We will be joined by representatives from Kings College Hospital NHS Foundation Trust will be talking about their community services and are keen to hear people's experiences of using them. More information to follow next month.

Meeting dates in 2018/2019

Wednesday - 19 September, 21 November, 16 January & 20 March



Celebrating 70 years of our National Health Service

The NHS is turning 70 on 5 July 2018. It is the perfect opportunity to celebrate the achievements of one of the nation's most loved institutions, to talk about the wide array of opportunities being created by advances in science, technology and information, and to

thank NHS staff.

We can all get involved with supporting the NHS during its special birthday year. Whether it's raising money for local NHS charities, or sharing your stories about the everyday heroes.

If you'd like to find out more about how you can get involved with the NHS 70 celebrations, please visit <https://www.nhs70.nhs.uk/>

Get in touch - we'd love to hear your stories and how you are celebrating this year! Follow us on Twitter @LPPGN and let us know what you've been doing.



NHS England announces new £10 million fund to support and retain GPs

Some £7 million will be made available through regional-based schemes to help GPs to stay in the workforce, by promoting new ways of working and by offering additional support through a new

Local GP Retention Fund.

A further £3 million will also be made available to establish seven intensive support sites across the country in areas that have struggled most to retain GPs. Details on these sites and plans for retention efforts there will be announced next month.

The fund will support local health services focussing on supporting newly qualified GPs or those within their first five years of practice, who are seriously considering leaving general practice or who are no longer clinically practising in the NHS in England but remain on the National Performers List (Medical).

For more detail see the enclosed item.

Learning Disability Week 18 to 24 June: Treat me well campaign



This year, Learning Disability Week (18 - 24 June) will be all about health - with a big focus on the [Treat me well campaign](#).

Simple changes in hospital care can make a big difference – better communication, more time and clearer information. But according to Mencap's Treat me well campaign, the treatment people with a learning disability get in hospital is still not good enough in many parts of the country.

[Mencap](#) want to involve NHS staff in the Treat me well campaign - giving them the chance to hear from people with a learning disability and to think about the simple changes they can make which would make a big difference to people with a learning disability.

Read more on the Mencap website: <https://www.mencap.org.uk/get-involved/campaign-mencap/current-campaigns/treat-me-well>

Get involved



The Lambeth Equality Commission is holding a disability engagement event on **27 June, 2pm – 5pm, Assembly Hall, Lambeth Town Hall, Brixton Hill, SW2 1RW**.

The event will focus on how Lambeth Council can address the Commission's recommendations on equal opportunities, disability awareness, under representation in leadership and delivering disability services.

Book your place via eventbrite: <https://www.eventbrite.co.uk/e/disability-2018-time-for-change-lambeth-equality-commission-tickets-46569317081>

DASH
LAMBETH

DASH Lambeth is a new drugs, alcohol and sexual health integrated service provided by the young people's health and wellbeing charity, Brook. The service for young people under 21 will be delivered in a range of community venues across the borough.

DASH will offer:

- holistic health assessments
- information and advice on substance misuse
- sexual health
- brief interventions and harm reductions
- sexually transmitted infection (STI) testing and treatment
- pregnancy test and advice on options
- emergency and routine contraception
- training and support for workers

Email Brook for further information and how to refer a young person:

Lambeth@brook.org.uk


Guy's and St Thomas'
NHS Foundation Trust

Need help managing your long-term condition or impairment?

Guy's and St Thomas NHS Foundation Trust are offering anyone with a long-term health condition the opportunity to take part in a free Expert Patients Programme.

The six-week self-management course takes place for two and a half hours each week, will provide you with the skills and knowledge to help you feel more confident and take control back of your life. Topics covered include how to deal with pain and fatigue, managing depression and anxiety, healthy eating and relaxation and exercise.

The courses are run at Akerman Health Centre, Gracefield Gardens Health and Social Centre, Elmcourt Health Centre.

For further information and to book a place on the programme, contact Melanie Francis, Self Management, Coordinator on: **020 3049 6365** or email:

Melanie.Francis@gstt.nhs.uk. You can also ask your GP to refer you.



Bettering the lives of thousands of children in Lambeth

The Lambeth Early Action Partnership (LEAP) programme aims to better the lives of thousands of children in the Lambeth community, focusing on four wards Stockwell, Coldharbour, Vassall and Tulse

Hill.

They deliver programmes and services that support the social, emotional, communication and language development of babies and children, their diet and nutrition as well as parents' wellbeing, their social networks and the strength of their communities and wider environment.

In collaboration with local partners; Stockwell Partnership, High Trees, Myatts Field Park and Loughborough Preschool they deliver a variety of early years events, activities, meetings, training, workshops and one to one support for parents to benefit from, as well as a volunteer programme; Parent Champions and a Community forum focused around early years that will help parents' voices to be considered and heard.

To find out more information about their programmes and services for families, practitioners and volunteering opportunities, contact Jonathan Palma, Community Engagement Officer on tel no: **020 7592 4182** or email: jpalma@ncb.org.uk.



Brixton Community Kitchen dishes up low cost nutritious meals

Brixton People's Kitchen is dishing up low cost nutritious meals to South Londoners at their community kitchen in **2b Saltoun Road, Brixton, SW2 1EP**. The kitchen is open to **10am to 4pm**,

Tuesdays, Wednesdays and Fridays and meals range from **£4 to £6**. Profits from the community kitchen support the running of community canteens, which serve up free meals to South Londoners in need.

Visit the Brixton Kitchen website <https://brixtonpk.wordpress.com/>

Impact of Universal Credit survey



Advising Communities, a legal advice charity based in South London are conducting some research into the impact of

Universal Credit (UC) on claimants in Southwark and Lambeth.

The aim of the research is to identify the key issues faced by local UC claimants, as well as any gaps in support, and to explore opportunities for improving service provision to mitigate negative impacts.

They are really keen to hear from local organisations about their experiences with Universal Credit, to see whether/how the UC rollout is affecting the people they work with.

The survey takes 5 minutes to complete the survey and responses can be submitted anonymously by **20 June**.

The survey can be found at <https://advisingcommunities.typeform.com/to/TuG7SD>



Help change lives, it could change yours

Kings College Hospital NHS Foundation Trust is looking for volunteers to join their "Kings Team".

If you have a few hours each week to spare and want to meet new people, learn new skills and have fun as a volunteer, see the attached flyer.



Do you access services for both mental and physical health services?

King's Health Partner's Mind and Body programme aims to work across south London to better join up services to improve health outcomes for people accessing health and care services.

They are keen to engage with local people accessing both mental and physical health services to hear their thoughts on the programme, especially their ideas for self-management resources and preventing ill health and staying well.

The Mind and Body Programme has been established by King's Health Partners, which includes Kings College London (KCL), Guys and St Thomas' Hospital (GSTT), King's College Hospital (KCH) and South London and Maudsley (SLaM) NHS Foundation Trusts.

They are currently working to do this through:

1. Proactive identification and assessment of a person's physical, psychological and social needs
2. Developing existing and new services so they can deliver both mind and body care

3. Learning and development to support health and care professionals to have the knowledge, skills and confidence to practice across both mind and body.

For further information, contact Network staff at info@lppgn.org.uk.



Lambeth

Clinical Commissioning Group

Have your say on health services

It is important that as patients using services in Lambeth, we share our views, comments and feedback, to ensure that those responsible for commissioning services know what we think and consider our views when making decisions.

Attend a public forum

The NHS Lambeth Clinical Commissioning Group Governing (LCCG) holds an informal public forum every other month. The forum, which takes place an hour before their Governing Body meeting, gives the public and stakeholder organisations an opportunity to ask questions about agenda items or any other matters.

The forum (12pm – 1pm) and governing body meetings (1pm-4pm) take place at The Foundry, 17 Oval Way, London, SE11 5RR.

Next meetings are on *4 July* and *19 September*.

Have your say

You can find details about local and national consultations on the Lambeth CCG website at <http://www.lambethccg.nhs.uk>.

Why not take a look and see how you can have your say on issues that affect you, your family and your local community.