

## PPG Network Meeting Notes

**Date: 20 September 2017**

6pm – 8pm

336 Brixton Road, SW9 7AA

### Present:

PPG members and colleagues from Akerman, Brixton Hill, Clapham Common, Clapham Family, Clapham Park, Corner Surgery, Dr Masterton & Partners, Edith Cavell, Exchange Surgery, Herne Hill Group, Herne Hill Road, Hurley Clinic, Knights Hill, Minet Green, Palace Road, Paxton Green, Riverside, Springfield, Stockwell, Streatham Common, Streatham Place, The Grantham Practice, The Vale, Vassall Medical Centre.

**Guests:** Catia Albuquerque, GP Federations; Market Place Organisations – [click here](#)

### Apologies:

Hetherington, Valley Road

Meeting commenced at 6.00pm, opened by Priscilla Baines (LPPGN Co Vice-Chair)

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| 1. | <p>Priscilla Baines (PB) welcomed attendees and gave the network update:</p> <p><u>Network communication</u> - website now up and running at <a href="http://www.lppgn.org.uk">www.lppgn.org.uk</a>. Follow and like the network on Twitter on @LPPGN and Facebook (Lambeth Patient Participation Group Network).</p> <p>The Network wants feedback, news and stories as they are key to making communications effective, useful and as great way of showcasing what PPGs are doing.</p> <p><u>Lambeth Wellbeing Fund</u> – a small grant funding programme is being offered for a second year due to the continued partnership with NHS Lambeth, Lambeth’s Public Health Directorate and Lambeth Council. Funding from the Project Smith area-based initiative will improve adult health and wellbeing in eight priority wards, in the three Local Care Network areas. Click <a href="#">here</a> for more information. PPGs in the priority wards, may wish to apply for funding to support activities which address improved health and wellbeing.</p> <p><u>Mental Health public meeting</u> – 18<sup>th</sup> October, 7.30pm at Methodist Church, Half Moon Lane, SE24 9HU. Click <a href="#">here</a> for details.</p> |
| 2. | <p>PB introduced Catia Albuquerque, Lambeth Practices Facilitator (Lambeth GP Federations) who delivered a presentation about a carers training initiative, funded by Health Education England. Click <a href="#">here</a> for the presentation.</p> <p>Working in partnership with South Bank University (SBU) the initiative is to host a workshop for carers to find out what support and help they need to manage their own health. It is aimed at carers looking after someone with 3 or more long-term conditions and will be a chance for them to share experiences; find out where they can go for support and help and find solutions that will make a difference to their own health. SBU will be running workshops in October and invitations will</p>   |

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|    | <p>be sent to carers and PPG members. Practices will be asked to identify carers from their carer registers.</p> <p><b>Question:</b> What funding is available to support carers to attend the workshops, i.e. providing cover support care to enable them to attend; respite care should it be needed, transport, etc?</p> <p><b>Comment:</b> Instead of calling it 'training' for carers - call it carer support or help.</p> <p><b>Response:</b> Good idea. It is about putting carers in touch with the help and support that's available. Carers Hub is involved in the workshop and will be providing support.</p> <p><b>Question:</b> If carers cannot attend the workshop what support will they get?</p> <p><b>Answer:</b> We are working in collaboration with Carers Hub, who will be able to deliver the training to carers in their homes, if required.</p> <p><b>Question:</b> There are a number of parent carers in the borough. How will other service providers in the borough find out about the training?</p> <p><b>Answer:</b> We will be circulating publicity and materials as widely as possible, but invitations will come out based on GP carer registers.</p> <p><b>Question:</b> Part of the GP Delivery Framework requires practices to update their carer registers. What is the timescale for this? If registers are not up to date, how will invites be sent to those who are most in need?</p> <p><b>Answer:</b> We are working hard to encourage practices to make sure their registers are up to date, so that this can be as effective as possible.</p> <p><b>Question:</b> Where will the funding come from to provide after care training, respite care, additional care.</p> <p><b>Question:</b> In reality are the resources and services there to support carers?</p> <p><b>Answer:</b> The aim of this is for carers to take care of their health. Many neglect their own health needs in favour of the people they are caring for. This is about their wellbeing and having access to services to enable them to look after themselves.</p> <p><b>Comment:</b> Carers need know what services are out there and how they can access and use them.</p> |
| 3. | <p>Sharon Hudswell (LPPGN board member) introduced the market place event. The Network is working with the GP Federations to promote Self Care Week (13-19 November). This market place is an opportunity for PPGs to meet and connect with organisations who might support activities during self care week, so they can start discussing and planning what they might want to do.</p> <p>There are downloadable resources via the <a href="#">Self Care Forum</a>, in addition to an <a href="#">events guide</a> put together by the Network. Self care is not just about what people need clinically or medically, but is also about physical and mental wellbeing and understanding what is available. We want PPGs to support this agenda of people</p>  |

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|    | <p>helping themselves.</p> <p>Each organisation introduced themselves and the services they offer. Attendees had the opportunity to meet the organisation representative and network.</p>   |
| 4. | <p><b>Close</b></p> <p>Nicola Kingston (NK. LPPGN Co Vice-Chair) thanks organisations for attending and asked attendees to complete feedback forms before leaving.</p> <p>She also mentioned the development of <i>Lambeth Together</i>, which will bring together different organisations, stakeholders and services to work as one to improve health and reduce health inequalities in Lambeth. An event, hosted by the Network is being planned for 1<sup>st</sup> November for PPGs and the voluntary and community sector to find out more about this new alliance being formed to deal with integrated care. The evening event will be an opportunity to find out about <i>Lambeth Together</i>; what an integrated alliance is and an opportunity to share experiences and influence how things can be shaped differently.</p> |

Meeting closed at 7.45pm